

EpiscoCare



Semi Annual Report
2011



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Introduction

EpiscoCare hereby has the honour to present our semi-annual report 2011, covering activities and events taken place from January 2011 until the end of June 2011.

EpiscoCare started out the year facing some difficulties in our work, as many of our beneficiaries, the poorest of the poor, had been negatively affected by the Egyptian revolution. People had lost their jobs or their financial income. Because of the absent of police the crime raised and many did not dare to leave their home, parents did not send their children to school, food prices rose dramatically, and there for many poor could suddenly not afford to feed their family. All this led to big frustrations and desperation among the people who felt powerless and confused.

However due to our dedicated staff, peoples prayers and financial support from generous donors we were able to reach the people where they had their needs and from there help and support them to lift their life opportunities.

Based on the amount of activities held and the positive responds from our beneficiaries we can see that we are on the right track of following our strategic plan and reaching our goals for this year.

Once again, thanks to all the people and partners who have helped, supported and prayed for the work of EpiscoCare.





E

ducation programme

Overall Goals:

- Sustain the attendance of children in school.
- Enable illiterate people to obtain knowledge and education which enable them to take an active and responsible role within the community.
- Care for children with special needs.

A

ctivities and achievements

Working with parents

- EpiscoCare organized **13 public meetings** and **seminars** to build parents awareness about the value of education. In total **621 parents** attended these meetings.
- EpiscoCare staff carried out **250 home visits** to follow up on children's educational status and their problems at home

Cultural and social activities

- Parties/ tribes/competitions for **198 beneficiaries**
- **80** gifts to encourage students to attend school groups in EL Ras EL Soda development center for **80 students**

Supplying children with school equipment

- EpiscoCare supplied **53 children** with books, school supplies as well as contributions toward school fees and school uniforms.
- **Half price project** helped **200 children** to get their educational materials and books cheaper in EL Salam development center

Tutorial classes

- Through tutorial support classes EpiscoCare helped **260 students** (boys and girls) academically, enabling them to sustain in school.
- Preparation classes for free in summer time to prepare the student for primary stage
- English language classes to support **10 women**
- EpiscoCare arranged **I Am Not Alone Class** for 24 girls from 8 to 13 years, these children have not the opportunity to go to school because they are older than 8 so the school will never accept them and the adult organization for illiterate people refuses them because they are younger than 13 years old, EpiscoCare helped them to spend their time in our classes instead of being in street and facing different kinds of sexual abuse





My dear daughter classes

- EpiscoCare arranged three workshops as an introduction for My Dear Daughter classes attended by **50 girls** in high school and collage to prepare them for the basic training

Adult education

- EpiscoCare arranged **11** adult education classes. Each class ran for 6–9 months depending on the level. In total the classes were attended by **143 students**.

Training workshop

- EpiscoCare ran a two day training workshop to expand the abilities of adult education teachers within the development centres. This was attended by **10 teachers**.
- EpiscoCare in cooperation with adult education organisation organized **10** internal examinations for students to get the governmental certification. These examinations were attended by **102 students**.

Episcopal Training Centre (ETC)

- ETC faced some problems because of revolution and changing the english courses time which dropp the number of student,
- English classes atteded by **106 students**
- Arabic classes, **110** hours of teaching per work

"Menouf" Community Social Centre (CSC)

- CSC ran English conversation courses in five levels attended by **30 students**.
- CSC ran English courses in different level attended by **113 students**.
- A computer course was held attended by **10 students**.
- CSC offered a 20 hours intensive conversation course for children to develop their abilities in English Language. The course was attended by **30 children**.
- CSC ran art course attended by **43 children**
- A German language course attended by **3 students**.
- Mother's day celebration with cooperation of **Nor EL Ngeel association in Tanta area attended by 60 mothers**
- Party for encouraging the students in the centre attended by **17 people**.

Menara centre for children with special needs

- The Menara centre for children special needs served **50 children and their parents**. The children, age 3 to 20, are provided with academic education and special care **5 days a week**.
- Parents are supported with monthly meetings in how to care for children with mental or physical disabilities attended by **180**.
- **2trips** attended by **40 children** and **10 parents**
- The end of school year party attended by **50 children** and **30 parents**.





Success story

“I was a student here but now I am a teacher”



My name is **Sara Safwat**. When I was younger I attended the nursery at the Ain Shams Community Development Centre. I was very troublesome and I had no friends. The nursery made a change in my life, and I started to make friends. I felt indebted to them, and I wanted to help others.

When I learnt about the ‘My Dear Daughter Program’ I wanted to participate as a teacher. They interviewed me and found me suitable to join the team. At first, the girls felt ashamed but I encouraged them to be friends with me. We now have a good relationship. They talk with me about their problems, they play with me, and they consider me as a mother. I am happy that they share their feelings and I feel happy when they call me Miss Sara.

Before becoming involved in the program, I was very sensitive and I did not deal with situations well. After working with the girls, I started to change my life and have a new policy of trying to help everybody, learn from everybody, and be a responsible person. Now at college, I observe how my teachers prepare for our lectures and answer our questions. I try to learn from them so that I can teach my girls in the same way. I also do my best to arrive early in the centre and to make a surprise for them.

Now I feel that I am an important person, and doing valuable work. I have to behave in a decent way so that I am a role model for my girls.



Childhood and motherhood programme

Overall goals:

- Enable children aged 2–6 years old to grow up in a healthy environment.
- Enable parents to be aware with children's rights.

Activities and achievements

Nursery care

- EpiscoCare is running five nurseries, served more than **120 children**.
- EpiscoCare arranged for additional training to **16 nursery teachers** in the skills of child psychology, child rights and Democracy
- The same **16 teachers** attended training course in teaching methods, each month.
- Nurseries and outside spaces were upgraded with new **games, grass, educational books, and equipment** in EL Ras EL Soda nursery
- **100 children** in nursery were supplied with school uniforms.
- Summer club for **20 children**

Helping children to get better health

- **120 children** were provided a balanced meal, fruit and milk **20 times each month**.
- EpiscoCare arranged regular medical checkups for **425 children** inside and outside the nurseries
- Vaccines and extra health care were provided when necessary.

Awareness meetings

- EpiscoCare ran **10 meetings** for parental groups were held to raise awareness on child rights and upbringing. The meetings were attended by **192 people**.
- EpiscoCare ran **11 seminars** open to the general public addressing child rights and children role in society. These seminars were attended by **217 people**.
- EpiscoCare's staff carried out **85 home visits** to follow up on children's conditions in their home and measure the feedback of our activities
- One building awareness course was arranged for parents focusing on childhood attended by **23**.
- **8 meetings** for the childhood and motherhood local committee members.

Social events





- Social activities (birthday parties, trips, and festivals) for **463 children and parents.**

Training workshop

- EpiscoCare ran **three training** workshop attended by **38 nursery teachers**

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Health and environment program

Overall goals:

- Raising awareness and enabling people to get better primary health care.
- Enabling people to live in a healthy environment.
- Improving reproductive health in the target communities.
- Upgrade field workers and community volunteers' skills.

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Activities and achievements

Health awareness

- EpiscoCare carried out **271 home visits to:**
 - Check up on health, hygiene and living conditions**
 - Build people awareness and change the bad health concepts**
 - Evaluate the health cases and select the beneficiaries**
 - Evaluate and follow-up all the activities**
- EpiscoCare arranged health education classes for **421 beneficiaries** to build people awareness in the field of general health
- EpiscoCare held **2 classes** focusing on identifying **Hepatitis**, prevention, and treatment and **HIV** attended by **301 people**. Each class had four sessions.
- The general health awareness has been raised for **579 women** through specialized seminars.

Way of life

- EpiscoCare run **12 public meeting** about "**prevention of addiction**" attended by **395 participants** from Cairo and Alex
- We have issued **2 brochure** one about "**The real freedom**" **The other one about "young people and prevention issue"** **4000 copies**
- **Leadership training, 4 days workshops** to train **60 doctors** (Muslim and Christen) on "**skills of addiction treatment** and a **3 days conference** attended by **35 trainees** and priests it was focus on "**What is the addiction and prevention methods**", "**How to build strong a generation**", "**The skills of serving young people**", "**The skills of supporting young people in crises time** and "**Family counseling**"





- Support **28 addicted** and assist **12** of them to enroll in hospital
- Meeting with Recuperative addictive to encourage and follow up them

Training workshop

- EpiscoCare ran **two training** workshop attended by **25** Trainee

Medical support and health care

- Medical checkups were given to **543 beneficiaries**.
- 2 travelling clinic with cooperation with the Egyptian Social Democratic party helped **250 patients** through medical check up, x-ray and support with medicine.
- Financial support for medical treatment was granted to **214 patients**

Reproductive health

- EpiscoCare held information seminars on female genital mutilation(**FGM**) and **family planning** attended by **578**

Improvement in living conditions

- EpiscoCare participated in improving the internal environment of **20 homes**. with new fruiters to improve their health conditions
- EpiscoCare gave financial support to **13 families** to improve and repair toilet and shower facilities to raise the level of hygiene and cleanliness





Economic program

Overall goals:

- Improve the economic standard for poor individuals and families.
- Build a culture of financial accountability and private business.

Activities

Vocational training

- EpiscoCare organised **11 professional training courses** in various skills such as drawing icons, sewing and embroidery, In total **108 trainees** participated in the courses.

Income generating projects

- EpiscoCare assisted the implementation of income generating projects for **1466 beneficiaries** to help increase their income and to ensure a better life for their families.
- EpiscoCare runs "**Thursday Market**" to help the beneficiaries to sell their products to members of the public.
- During Thursday market also **second hand** items are sold very cheap to beneficiaries, allowing marginalized people to buy things they otherwise would not have been able to buy. At the same time, the money earned on second-hand sales is used in EpiscoCare's programs and thereby supporting our work

Awareness seminars

- EpiscoCare arranged **3 seminars** to promote a culture of entrepreneurship for **180 beneficiaries**.
- Training about savings attended by **20**

Employment

- Networking with local employers to ensure that jobs and training are linked to the available workers. Attended by **68**
- Distributed forms of employment for **63 person**
- EpiscoCare did **23 home and company visits** to follow up on employment to ensure satisfaction both for the workers and the employers.
- EpiscoCare arranged **8 committee meetings** attended by **35 members**.

Capacity building

- Constant upgrading of our educational staff to ensure the smooth running of our classes, seminars, public meetings and objectives.





Success story

“I am happy because I am now self-reliant”



My name is Gehan, I live in Ain Shams, and it is a very poor area in Cairo. I am married and have three children. Two years ago, my husband left us and travelled to Saudi Arabia to look for a job. Unfortunately, he never sent us any money and we didn't hear from him.

At first, I asked my parents to help me but I knew that they didn't have enough money to support my family and we are four. I also tried to get job but I didn't succeed. I remembered the Ain Shams Community Development Centre. I went to the centre and shared my story with the staff. They welcomed me and asked me, “How can we help you?” I told them that I needed a loan to rent a small shop so that I could earn a living and support my children.

After they discussed the idea with me and visited my home, they gave me the loan so I established my small store. Each week, they visited the shop and encouraged me to repay my installments back. I repaid the initial loan, and last week I got a new one so that I could expand my shop and add new products which customers often asked me for. Also, I started making sandwiches as next to my shop there are many small workshops, and the workers wanted to buy something to eat during the day.

As well as supporting me to earn an income, something which I will never forget is that the staff promised me that they would pray that I would hear from my husband. Because they are good people, God answered their prayers and my husband called me two weeks ago. He has started to send me a small amount of money. I am happy because now I am self-reliant and I do not need to rely on anybody, even my husband, to provide for my family.



Community organization program

Overall goal:

- Empower target communities to become self reliant which ensure the sustainability of the development process.

Activities

Capacity building

- EpiscoCare ran **10 public meetings** focusing on volunteerism and the importance of participation in the development process and referendum, the political. These meetings were attended by **600 people**.
- **2 Culture meetings** with cooperation of the Egyptian social democratic party attended by 120 persons.

Political awareness

- EpiscoCare arranged a 3 months political participation programme to raise political awareness. **164 people** benefited from these classes.
- EpiscoCare ran Monthly lectures attended by **66**
- **171 people** were assisted in obtaining national ID cards and ballot cards.

Local Committees

- In each of the local community development centres, EpiscoCare formed local committee representing each of the programmes. The committee members are a mix of local key people, religious representatives, workers and employers, men, women, young and old.
- EpiscoCare organised 5 meetings for the development committees. These meetings were attended by a total of **42 members**.

Building awareness

- To get more people involved in community organisation and civil society EpiscoCare staff carried out **171 home visits**.





Social care programme

Overall goal:

- Improve the life of widows and marginalized women.

Activities

Spiritual awareness

- EpiscoCare arranged and held 12 Spiritual meetings attended by **1.390 beneficiaries**.
- **3 Seminars** were held attended by **311 women**.
- EpiscoCare staff did **236 home visits** to following up the beneficiaries.
- Sunday school attended **244 children**
- Family counselling was provided in **52 cases**.

Health awareness' classes

- EpiscoCare ran new class about female genital mutilation (**FGM**) attended by **8 women**.
- EpiscoCare ran **HIV class** attended by **18**.
- Financial support in medicine price for **48 paints**
- Financial support in making **4 operations** for the poorest of the poor.
- Financial support in lab investigation for **3 paints**

Economic Awareness

- Seminar about income generating projects attended **by 69**
- Assisted the implementation of income generating projects for **26 beneficiaries** to help increase their income and to ensure a better life for families in Boulaq
- Helped **6 people** to find decent job

Educational awareness

- Public meeting focus on the value of education attended **by 139**
- Supported **23 students** to pay their **school fees**
- Tutorial classes for **21 students**

Financial support

- Monthly financial support was offered to **264 poor women**.
- EpiscoCare provided financial contributions for processing **1 brides**.
- Financial support was provided to **2 poor women** for childbirth.
- Financial support for **6 families** who have suffered bereavement.

Social activities

- EpiscoCare arranged New Year and Christmas Eve celebration attended by **874 women**.
- Provided hot meals for **65 the elderly women**.





Emergency assistance because of January 25 revaluation

- Total families assisted **with food 7283 families** received food packages (rice, beans, pasta ...) these are staple foods that everyone needs.
- We are also **paid rent for 3 families** who were going to be evicted from their homes because of not paid rent.
- Total families assisted through **micro-enterprise projects 148 families** (buying clothes, vegetables ...).
- Total children **assisted with clothing 40 children**
- Total families **assisted with rebuilding 4 families**

Medical care

- Primary health care for **523 people** who cannot afford receive the care and buy medicine
- General physician (GP) care for **1875 cases**
- Specialist care for **2493 cases**
- Echocardiograms (ECG) for **93 cases**
- Sonar care for **128 cases**

T raining programme

Overall goals

- Build the capacity and the skills of employees and volunteers to improve their performance.

A ctivities

- EpiscoCare arranged workshops for fieldworkers, staff members and volunteers focusing on:

Childhood and motherhood programme

- Time management attended by **12 Trainees**
- New methods for serving children attended by **12 Trainees**

Community organization programme

- Management of voluntarism efforts attended by **21 trainees**

Health and Environment programme

- Productive health attended **by 12**
- Teenager time and skin diseases attended **by 13**
- Partnership protocol with the Coalition of **(FGM)** to train our staff in the field of health and fund some health's activities.

Education programme

- How to write educational protocol attended **by 10**





T hanks

EpiscoCare is a non-profit organization and is therefore dependent upon donations and financial support. The help from our partners and supporters has made a world of difference for many people and we would like to express our gratitude for supporting our work towards a better life for poor and unprivileged people in Egypt.

C ontact information

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